

July 2010

| SUN | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SAT |
|-----|--|---|--|-------------------------------|-------------------------------|-----|
| | | | | 1 | 2 Boot Camp 5:15am-6:15am | 3 |
| 4 | 5 ACC Holiday No classes | 6 Courthouse Stretch 10:00am WRC Stretch 4:30pm WRC Aerobics 5:15 Evening Boot Camp 6-7pm | 7 Boot Camp 5:15am-6:15am Streets & Drainage Stretch 3-3:30pm | 8 Evening Boot Camp 6-7pm | 9 Boot Camp 5:15am-6:15am | 10 |
| 11 | 12 Boot Camp 5:15am-6:15am WRC Stretch 4:30 WRC Aerobics 5:15 | 13 Courthouse Stretch 10:00am Evening Boot Camp 6-7pm | 14 Boot Camp 5:15am-6:15am WRC Zumba 12-1pm Streets & Drainage Stretch 3-3:30pm | 15 Evening Boot Camp 6-7pm | 16 Boot Camp 5:15am-6:15am | 17 |
| 18 | 19 Boot Camp 5:15am-6:15am WRC Stretch 4:30 WRC Aerobics 5:15 | 20 Courthouse Stretch 10:00am Evening Boot Camp 6-7pm | 21 Boot Camp 5:15am-6:15am WRC Zumba 12-1pm Streets & Drainage Stretch 3-3:30pm | 22 Evening Boot Camp 6-7pm | 23 Boot Camp 5:15am-6:15am | 24 |
| 25 | 26 Boot Camp 5:15am-6:15am WRC Stretch 4:30 WRC Aerobics 5:15 | 27 Courthouse Stretch 10:00am Evening Boot Camp 6-7pm | 28 Boot Camp 5:15am-6:15am Streets & Drainage Stretch 3-3:30pm | 29 Evening Boot Camp 6-7pm | 30 Boot Camp 5:15am-6:15am | 31 |